

## Guidance on Out of Hours Training in the West Midlands Deanery

### Requirements

The West Midlands requirements are 72 hours experience AND achievement of all the out of hours competencies as described in the COGPED position paper (2007)<sup>i</sup>

### When?

Out of hours training can be done in both ST2 and ST3.

However:

- You should not do out of hours in your first two months of experience in general practice
- A maximum of 50% of OOH sessions can be done in ST2
- Ideally, about a third of the 72 hours (24 hours) should be done in ST2
- ST3 trainees applying for CCT at the end of July should normally complete all their OOH sessions by the end of April, in time for the educational supervisor's May report for the June ARCP
- ST3 trainees finishing at other times should normally complete all their OOH sessions at least two months before their CCT date
- Ideally, OOH sessions should be spread evenly throughout the GP part of training with at least one OOH session each month
- If local capacity for OOH training is not sufficient to offer any opportunities in ST2, all out of hours training can be done in ST3

### Learning

- The learning outcomes for out of hours are derived from the curriculum statement *Care of Acutely Ill People*

### Records

- Your cases should be recorded in the ePortfolio
- Cases in the ePortfolio should be linked to the curriculum statement *Care of Acutely Ill People* as well as any other appropriate statement
- Your cases will need to be shared so that your educational supervisor can see your progress towards completing the 72 hours and achieving out of hours competence